

## Backpacking Checklist

### The 10+ Essentials

- Extra clothing layer(s)
- Map of area (in waterproof case)
- Drinking water
- Compass
- Food
- Flashlight (with extra batteries/ bulbs)
- First-aid kit
- Sunglasses (with retaining strap)
- Pocket knife
- Sunscreen
- Matches/Lighter and firestarter

### Hiking Clothing

- 1 BDU Pants
- 1 Fleece Vest
- 2 Short-sleeved shirts
- 1 Wicking long underwear (bottoms)
- 1 Long-sleeved shirt
- 4 Regular underwear
- 1 Quick-drying swimsuit

### Outerwear

- Rainwear (top/bottoms)
- Wool gloves
- Wide-brimmed rain/sun hat
- Warm hat (wool)
- Bandanna

### Footwear

- Hiking socks
- Extra laces
- Hiking boots
- Moleskin

### Camping Gear

- Backpack
- Matches/lighter
- Pack cover (Need to Buy)
- Cook set, dishes (Need to Buy)
- Tent
- Cooking/eating utensils
- Rainfly
- Drinking cup

- Tent stakes
- Pot grabber
- Footprints
- Biodegradable soap
- Pot scrubber/dish towel
- Sleeping bag (in waterproof stuff sack)
- Plastic garbage bags
- Compression sack
- Resealable plastic bags
- Sleeping pad
- Water filter/purifier
- Chair
- Extra nylon stuff sacks
- 2 Water bottle(s)
- Food (adequate supply for your trip)
- 1 Collapsible water container
- Stove and fuel

**Personal Item**

- Toilet paper
- Lip balm
- Toothbrush and toothpaste
- Insect repellent
- Small bath towel
- Comb
- Towel
- Other personal toiletry items

**Other/Extras**

- Repair/sewing kit
- 100-foot accessory cord
- Field guides
- Camera and film
- Money
- Notebook and pencil
- Photo ID
- Watch
- Fishing license
- Trip Plan (left at home)
- Hiking pole
- Fishing Pole and Reel